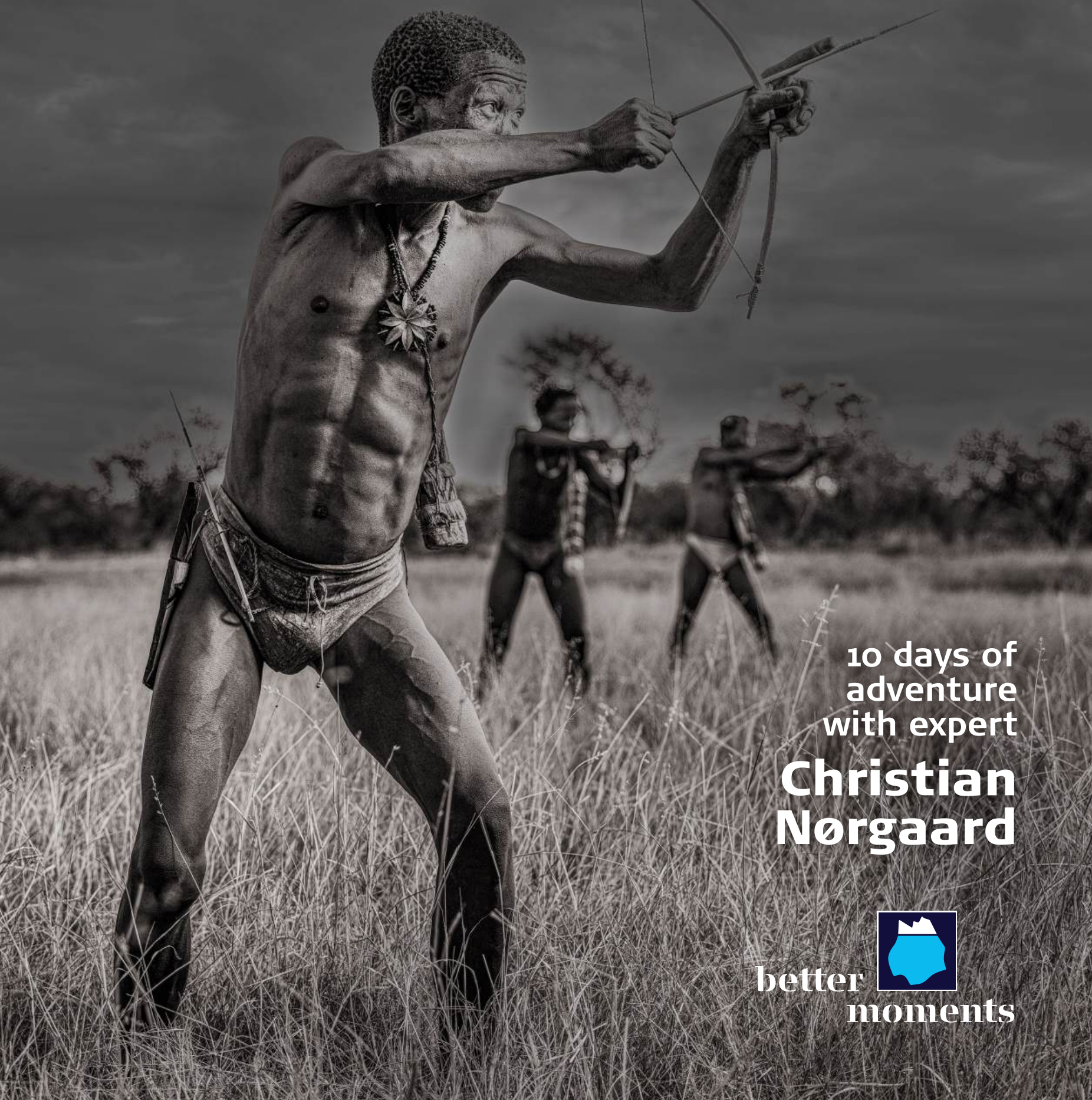


NAMIBIA into the wild



10 days of
adventure
with expert

**Christian
Nørgaard**

better



moments

Photography with passion



Photography may be my first passion, but traveling is a close second. I spent decades exploring the globe with my camera and out of this passion, Better Moments was born in 2011. Since then, I have worked with the world's most renowned photographers to offer high-end workshops and expeditions for photo enthusiasts worldwide.

On our workshops, everyone is welcome. Whether you have only recently discovered your passion for photography or if you are an emerging pro – our workshops cater to everyone's needs and our experts are all experienced teachers that will adapt to your personal skill level.

Our mission is to help you to take your photography to the next level, refine your own style and sharpen your technical skills. Additionally, we want to inspire each other, create lasting memories and enjoy the best moments in life.

Better Moment's exclusive workshops in landscape, travel and wildlife photography take place in unique locations around the world. From the Himalaya region to Africa's deserts, from Scandinavia's fjords to Australia's Outback – we like to travel off the beaten track and work with local agencies as we are always striving to leave only footprints behind.

I am looking forward to meeting you on one of our adventures.

Christian Nørgaard

better moments



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Christian Nørgaard

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Our guests love to travel with us
– which is why we are lucky enough
to welcome them again and again.



LET'S GET SOCIAL

For inspiring experiences, real-time updates,
the latest trends or casual conversation, explore
our social networks for all things travel.



LinkedIn



YouTube



BETTER-MOMENTS.COM

You can view our current
photography workshops
on the Better Moments
website, where you will
find all dates and details
– and can reserve a spot
for your dream trip.



NEWSLETTER

Stay up-to-date with our workshops, experts, and special offers:
sign up to our bi-monthly newsletter – and receive Christian
Nørgaard's guide to travel & portrait photography for free.

**SIGN UP AND RECEIVE A FREE
TRAVEL & PORTRAIT PHOTOGRAPHY GUIDE.**

"I think that Better Moments' workshops are some of the best organized, most educational and most inspirational group workshops I have ever worked on. So I would encourage you to join us. Come along and have a great time, learn, be inspired and take great pictures."

Steve McCurry

Our passionate experts

We are proud to work with some of the best photographers in the industry who are experts in their field and have years of experience in guiding and teaching photography workshops.



Steve McCurry

National Geographic,
World Press Photo
first place



Michael Nichols

Wildlife journalist,
National Geographic
editor



Hamid Sardar-Afkhami

Writer, photographer,
award-winning
filmmaker



Sisse Brimberg

National Geographic
photographer



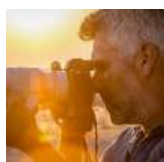
James Nachtwey

World Press Photo Award
winner and TIME
Magazine photographer



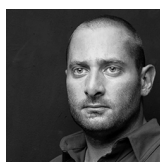
Peter Eastway

AIPP Grand Master of
Photography, Publisher Better
Photography Magazine



Laurent Baheux

Award-winning
wildlife photographer



Marco Di Lauro

World Press
Photo Award



Andreas H. Bitesnich

Award-winning fine art
photographer



Steve Bloom

National Geographic
photographer



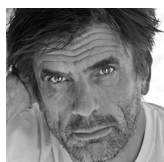
Tom D. Jones

Hasselblad Master
& European Fine Art
photographer



James Whitlow Delano

Award-winning visual
storyteller and Pulitzer
Center grantee



Arne Hodalič

National Geographic
photographer &
photo editor



What our guests say about us

"It was a marvelous workshop with a lot of opportunities for great pictures. Obviously, the highlight was the night in Riisitunturi National Park watching the Northern Lights. It was the whole atmosphere having a rustic dinner in the hikers hut after shooting the sunset and waiting for the Northern Light which is staying in my memories."

Bernd Beykirch, Germany



"I found out that one of my favourite photographers, Lars van de Goor, was doing a workshop in the Netherlands so I signed up for the workshop and was introduced to Christian, the founder of the company, and I knew immediately that this would be a great workshop just by talking to him and seeing how incredibly well organized and precise everything was planned out. The hotels were first class, the food was phenomenal, which is important, and more importantly, each day was very well planned out and it has been a really great experience."

Aubra Franklin, USA

"Everybody has something to offer to the group, so we learn from each other, we share things, we have workshops in the evenings where we talk about what went well, what went wrong... and we see a lot of different styles, a lot of different techniques. And that is the good thing about this trip, it is really all about photography!"

Peter Dorr, The Netherlands.





Locals hike long distances to reach water holes. A hike of 10-15 kilometres is quite average.

PHOTO BY CHRISTIAN NØRGAARD





The Himba dance every night. The dance is very scenic, and you quickly become a part of the ceremony.
PHOTO BY CHRISTIAN NØRGAARD







The San peoples (also Saan), or Bushmen, are members of various Khoe, Tuu, or Kx'a-speaking indigenous hunter-gatherer cultures, which are the first cultures of Namibia.

PHOTO BY CHRISTIAN NØRGAARD



The San peoples are exceptional hunters, and it is a remarkable experience to see how they make their hunting tools.

PHOTO BY CHRISTIAN NØRGAARD



Namibia into the wild

Founder of Better Moments, Christian Nørgaard, is a highly experienced travel and portrait photographer. He has traveled in most African countries and has always focused on the local tribes. Nørgaard has traveled several times in Namibia, and this workshop is the result of many years of research.

Namibia shares land borders with Zambia and Angola to the north, Botswana to the east and South Africa to the south and east. Humans have inhabited the area since ancient times, and Bantu-speaking tribes began arriving in the 14th century AD. The current population of Namibia is 2.1 million, which is made up of several different tribes.

Together with Nørgaard, you get very close to the local tribes like the Himba and The San peoples. This workshop and journey is a unique occasion to meet and experience the authentic tribal people of Namibia.





Sometimes the landscape brings your
imagination on a journey to the moon.

PHOTO BY CHRISTIAN NØRGAARD



Namibia highlights

Better Moments' mission is to deliver exclusive workshops and we want you to explore your passion for photography and work with the most renowned photographer, Christian Nørgaard, during your Namibia Photo Workshop.

■ ON LOCATION

- Learn about portrait photography techniques in the beautifully desolate surroundings of the Namibian wilderness.
- Work in different lighting and with short/long exposure and aperture.
- How to handle equipment with care on location.
- Private hands-on lessons that can help to take your photography skills to the next level.
- The secret behind the landscape photography.

■ IN CLASSROOM

- Expert review and constructive criticism/feedback of the images taken during the day.
- A Better Moments Certified Photo Instructor is available during the entire workshop to offer assistance with camera settings, the basics of composition, guide and help in general.



PEMBESHOP 1



The local shop Orupembe Shop 1 is located in the middle of nowhere - on a lucky, easy day, the shop may have ice cubes.

PHOTO BY CHRISTIAN NØRGAARD





30 km outside Walvis Bay, you find the Toppenaar community just before the dunes. All the women wear handmade, colourful dresses. This woman may look angry, but she was the most loving woman I can think of.

PHOTO BY CHRISTIAN
NØRGAARD

Girls and boys most often
meet at the ponds, where
they have fun together.
This series of the local
girls is from a pond.

PHOTOS BY CHRISTIAN NØRGAARD













Most of the portraits
Christian Nørgaard shoots
are often inside a cabin or
a place with shade - the
girl is shot inside a house
and the boy between
some enormous rocks.
PHOTOS BY CHRISTIAN NØRGAARD

Itinerary

DAY 1

■ WINDHOEK INTERNATIONAL AIRPORT

EMBARK ON AN ADVENTURE

We will pick you up at Windhoek International Airport, and from here, transport you to our charming Hotel.

Following a delightful welcome dinner, Christian Nørgaard will provide an overview of the upcoming adventure, introducing you to the diverse tribes we'll be visiting and photographing. Subsequently, a comprehensive lecture on travel and portrait photography, drawing inspiration from Christian Nørgaard's Namibian captures.



DAY 2-3

■ GROOTFONTEIN

HUNTING EXPEDITION WITH THE SAN PEOPLES

The San people, also known as Bushmen, are an ancient cultural group residing in various parts of Namibia. Renowned as one of the oldest cultures on Earth, the San people are members of different indigenous hunter-gatherer cultures, such as Khoe, Tuu, or Kx'a-speaking communities.

Embarking on a 4x4 journey to Omulunga, our destination is our wild camp, where we'll stay in simple yet lovely private small houses. In the evening, we immerse ourselves in the San people's traditional lifestyle, sharing moments around a bonfire as they perform their tribal dances.

The following day, our adventure continues with a unique experience: hunting alongside the San people. At sunrise, we venture into the bush with the hunters, witnessing their exceptional tracking skills as they search for wild game. The morning unfolds as a mesmerizing experience for early birds.

The remainder of the day is spent in the San people's village, providing us with profound insights into their daily lives and simple yet meaningful traditions. From crafting poison arrows to making axes, we engage in authentic activities that showcase Namibia's indigenous heritage.

Evenings are dedicated to discussions about the day's captured moments, accompanied by Christian Nørgaard's enlightening lecture on portrait photography.

For two days, we will live with The San peoples and thus have the opportunity to get close to their culture and way of life.

PHOTOS BY CHRISTIAN NØRGAARD





A San People couple
PHOTOS BY CHRISTIAN NØRGAARD







Etosha National Park is an excellent two days wildlife stop on our way to the north.

PHOTO BY CHRISTIAN NØRGAARD

DAY 4-5

■ ETOSHA NATIONAL PARK

WILD ENCOUNTERS IN ETOSHA NATIONAL PARK

Etosha National Park, located in the northern part of Namibia, stands as one of the world's most significant wildlife reserves. Our journey takes us towards Namibia's northern regions in private 4x4 vehicles, offering stops to capture the breathtaking landscapes, local communities, and villages along the way.

As we arrive at Etosha National Park, renowned for its unparalleled biodiversity, the following two days are dedicated to high-end wildlife photography. The park boasts a rich array of wildlife, including lions, leopards, elephants, rhinos, giraffes, wildebeests, cheetahs, hyenas, and various antelope species. We reside centrally within the park, strategically positioned to maximize our access to the rich photographic opportunities for wildlife photography. This ensures



that we are near the abundant and diverse wildlife, allowing us to capture the essence of Etosha National Park's extraordinary fauna in its natural habitat.

Evenings are dedicated to lively discussions about the day's photographic endeavors, complemented by Christian Nørgaard's insightful lecture on the photographers who inspire him the most. Etosha National Park unfolds as a captivating canvas, allowing us to explore and capture the raw beauty of

Namibia's extraordinary wildlife in its natural habitat.

Today, our private 4x4 vehicles will lead us to Namibia's northern region, pausing along the way to capture the extraordinary landscapes, local people, and villages.

In the afternoon, we'll arrive at Etosha National Park, renowned as one of the world's most significant parks. The following two days are dedicated to high-end wildlife photography, encountering lion, leopard, elephant, rhino, giraffe,

wildebeest, cheetah, hyena, mountain and plains zebra, springbok, kudu, gemsbok, and eland.

Ensuring an exceptional experience, we'll lodge at the center of the park, with dinner served in the open—two beautiful days of exploration and wild life photography.

Evenings will be spent reviewing the day's photos, followed by Christian's lecture on the photographers who inspire him.

DAY 6-7

■ OPUWO AND KOKOLAND

HIMBA - THE LAST NOMADIC PEOPLE

A captivating scenic drive awaits as we journey to Kokoland and OPUWO COUNTRY LODGE, passing through rock formations, mountains, and rivers before encountering "The Himba Land". The next three days are dedicated to the Himba tribes that ordinary travelers cannot visit. They often live in isolation, nestled in the mountainous landscape that we will explore. Our photography is centered around respectful portraits of the Himba people, providing a unique insight into their culture and daily lives.

The Himba tribe, indigenous to the northern regions of Namibia, is a captivating cultural group that has preserved its traditional lifestyle amidst the changing times. Known for their distinctive appearance and reddish-ochre skin, the Himba people are deeply connected to their ancestral roots. Living in small, tight-knit communities, they often reside in remote, mountainous landscapes that add to the uniqueness of their lifestyle. Exploring the Himba villages offers a rare glimpse into a way of life that remains isolated from mainstream tourism, making it an enriching and respectful experience for those seeking to understand and appreciate Namibia's cultural diversity.

Evenings will feature one-to-one portfolio reviews with Christian.





Himba family



a unique experience to
visit the local tribes, and
usually, we are invited
inside their houses -
undoubtedly a tremendous
authenticity experience.

Herero family in their
very simple house




Himba with her lamb





We come to deserted
villages where visitors very
rarely – or never – come.
PHOTO BY CHRISTIAN NØRGAARD



The small church of Puros is a beautiful place to meet the locals on a leisurely morning - here, four Herero sisters.

PHOTOS BY CHRISTIAN NØRGAARD

DAY 8-10

■ OKAHIRONGO

A ROOM WITH A VIEW AND GET CLOSE TO GOD

A Room with a View and Spiritual Encounters

A seamless drive through a dried river landscape leads us to Okahirongo and our Mountain Hotel, OKAHIRONGO ELEPHANT LODGE.

As the last wilderness area, Okahirongo hosts desert elephants, lions, black rhinos, and giraffes. Venturing into the mountains via 4x4 vehicles for twilight landscape photography provides a unique opportunity to capture the mountain and surrounding canyon.

The following morning is devoted to a church visit—a lively experience of photography, dance, and singing among the locals. The remainder of the day involves a city stroll before returning to OKAHIRONGO ELEPHANT LODGE, offering a panoramic view of the entire valley.

The farewell dinner will be an occasion to share our best shots from the workshop.

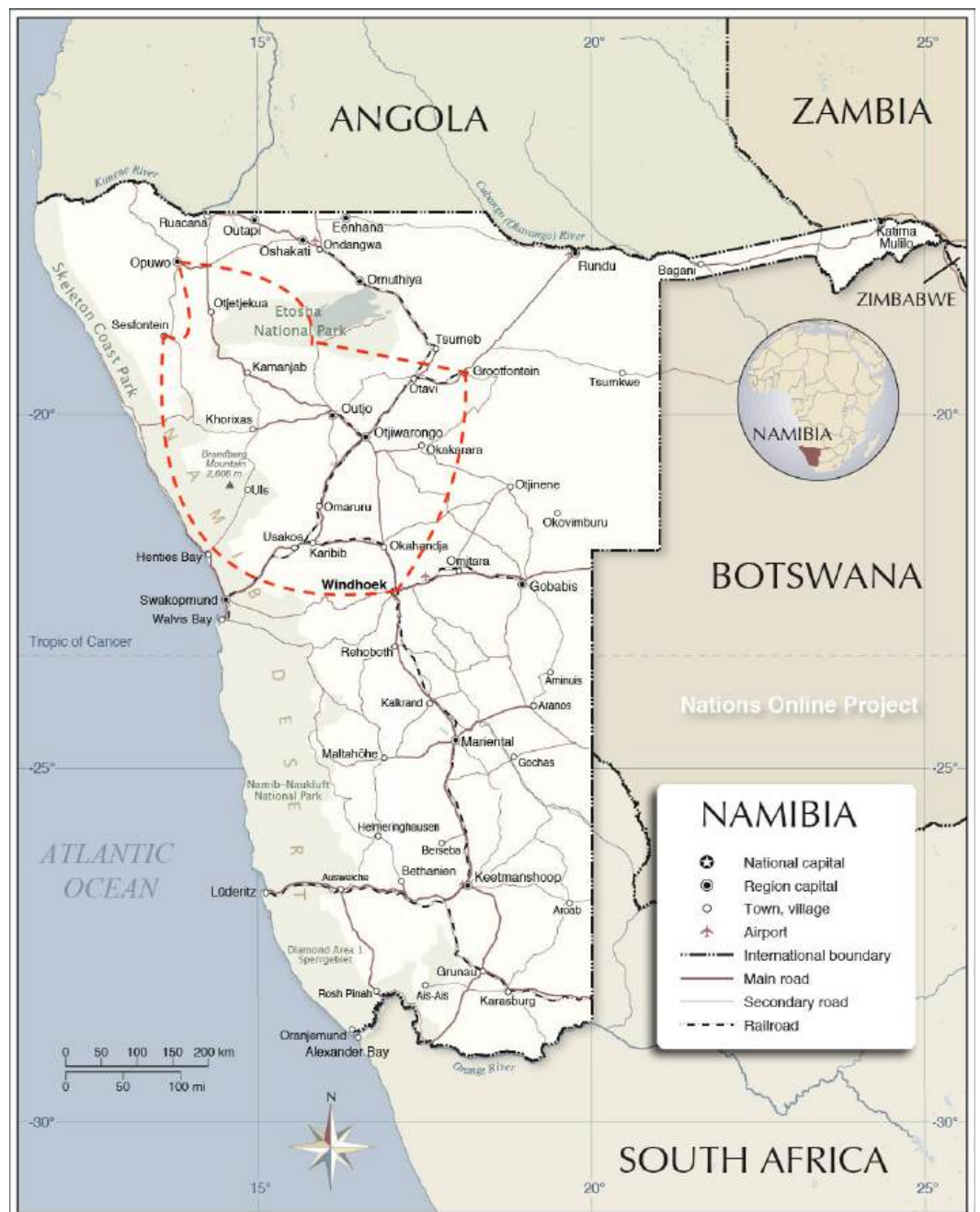
DAY 10


■ OPTIONS FOR YOUR RETURN TO WINDHOEK

PRIVATE PLANE OVER SKELETON COAST OR 4X4 TOYOTA LANDCRUISER

You have two options for returning to Windhoek on day 10, either by private plane or with our 4x4 Toyota Landcruiser. If you choose to fly, your extra cost is based on the number of guests opting for this option. If you choose to fly, the route is a scenic two-hour flight taking you over the exotic and dramatically beautiful coastline, where shipwrecks are stranded, known as the Skeleton Coast. If you opt for our 4x4, it is also a scenic journey with stops along the way for photography. The drive is, of course, part of the total price for the trip and is therefore included.





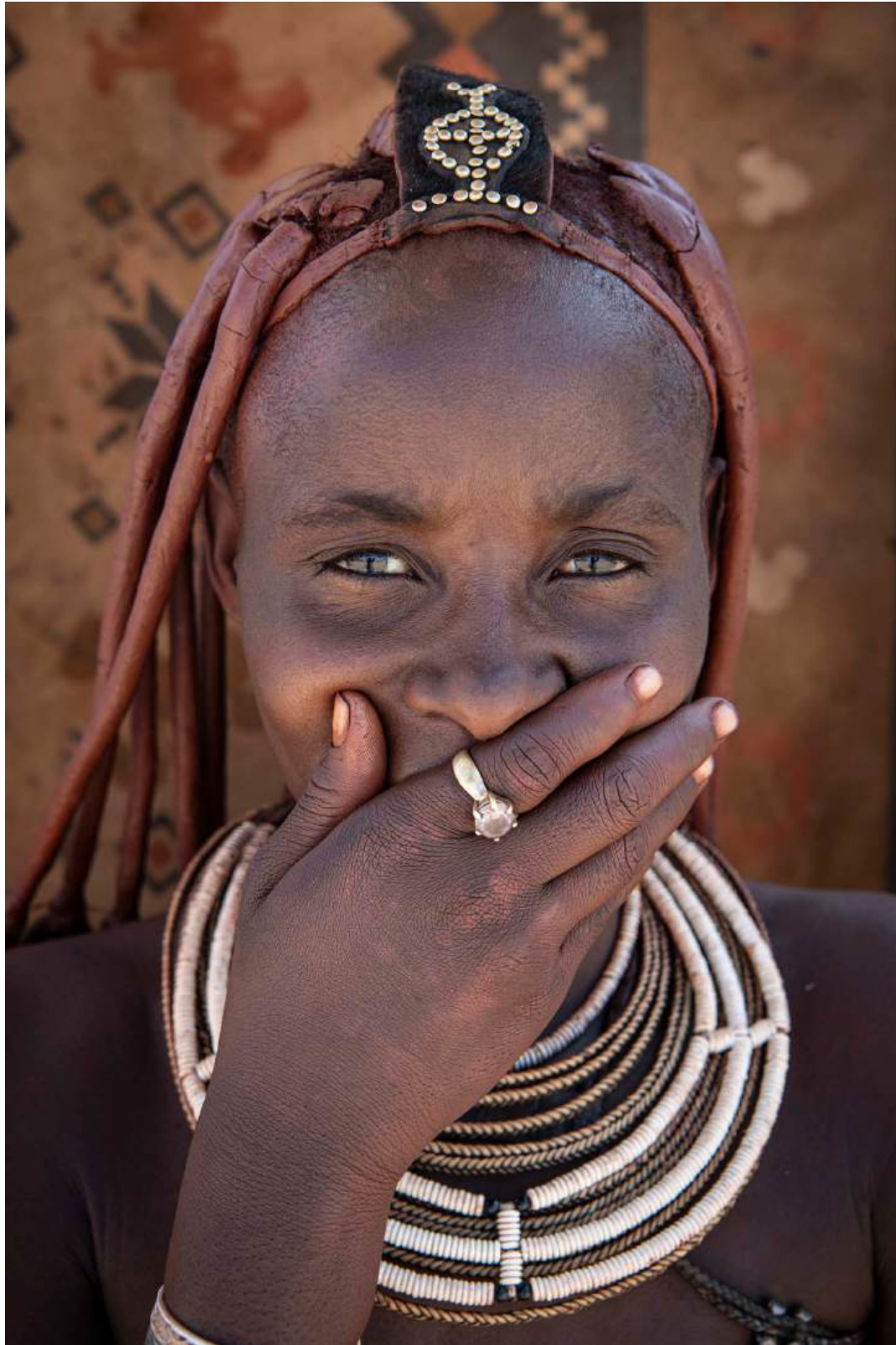


The Himba girl is
portrayed in her
family's clay house,
where the soft
daylight is coming in
from the doorway.

PHOTO BY CHRISTIAN
NØRGAARD







For a Himba woman, her hair is her power. As water is scarce, they use a mixture of pastes on both their bodies and hair. These pastes blend the aromatic resin of the omazumba shrub with animal fat and ground red-pigmented stone. This 'otjize' paste gives the women's skin and hair a distinctive red glow that symbolises blood, the essence of life, and the earth's rich red colour.

PHOTOS BY CHRISTIAN NØRGAARD





Men and boys look after the cattle. In the morning, they drive them into the wild and on the way home to the ponds. The animals stay inside a fenced area to keep out the lions and hyenas.

PHOTO BY CHRISTIAN NØRGAARD

Quick guide

We wish you to travel with the greatest possible comfort and to know that you have received as much information as possible.

■ GETTING THERE

Namibia's main airport is Hosea Kutako International Airport. It is advised to arrive a day before the workshop to make sure you are well rested for the drive.

Better Moments will arrange one pickup transfer and one return transfer to the airport on the arrival- and the departure day.

■ VISA

Many nationalities do not require tourist visas for stays under 3 months. To be sure, please contact your local Namibian Embassy.

■ WEATHER

Namibia is one of the sunniest places on earth, with approximately 300 days of sunshine a year. December to March is relatively humid in most of Namibia, with some localised rainfall. April and May are pleasantly dry, without being dusty. The weather is cooler during June to August, when the landscape dries out and animals congregate around watering holes, making it a good time for wildlife photography. The weather warms up again during September to November.

■ LANGUAGE

English is the official language of Namibia. There are several local languages spoken in different regions, as well as German and Afrikaans.

■ CURRENCY

The official currency is the Namibian Dollar, but the South African Rand is also commonly accepted.

■ QUICK GUIDE

Namibia offers a plethora of activities and experiences for visitors. From thrilling ATV rides along the rugged coast, to star gazing in the desolate wilderness. While much of the country is less developed, urban centres such as the seaside city of Swakopmund provide some great culinary experiences, with antelope and game being a particular highlight.

Behind the scenes.

PHOTO BY CHRISTIAN NØRGAARD



Equipment

Whether this is your first trip or your "hundredth" workshop with us, it's always helpful to have a rundown of what items you may want to pack so you have a travel checklist.

Bookmark this packing list, because you'll want to refer back to it to make sure you've thought of everything you might want to pack.

■ CAMERA

The camera list is for inspiration, since you know better than anyone what equipment you prefer.

- ☐ Bring your own laptop computer
- ☐ Storage medium
- ☐ Camera body(ies)
- ☐ Tripod
- ☐ Lenses, If you are working with a 24x36mm camera system, lenses from 12mm to approx. 55mm are a good choice as well as a 'long lens' such as a 180mm. If you are working with a medium format camera, lenses from 28mm to approx. 80mm, and a 'long lens' such as a 300 mm, are advisable..
- ☐ Bag for all camera gear
- ☐ Light bag for easy hiking with camera bodies and accessories
- ☐ Cleaning kit for cameras and lenses
- ☐ Rain/dust covers for cameras and lenses
- ☐ Charger for batteries
- ☐ Spare batteries
- ☐ Standard power converter
- ☐ Raw processing software
- ☐ Memory cards and card wallets
- ☐ Memory card reader
- ☐ USB key to exchange images
- ☐ Lens extenders
- ☐ Camera straps for ease of changing from one camera to another
- ☐ Graduated filter set
- ☐ Filter holder
- ☐ High quality polarizing filter
- ☐ Lens belt







Get wild with Christian Norgaard

Christian Nørgaard, the founder of Better Moments, based on his passion for photography, has traveled most of the world – more than once. And it's always challenging for Nørgaard to point out a place he prefers over others around the world. But when talking about Namibia, there is no doubt that Namibia is particularly close to his heart.

Passion for Namibia

There are not many other places in the world where you can get so close to a genuine culture among tribal people and simultaneously combine your photography with some of the most diverse landscapes in the world. From endless dunes in the desert to the small and exotic villages where local tribes live traditionally. Enjoy a selection of Christian Nørgaard's portraits, all taken under very primitive conditions and always with respect for the individuals he portrays.





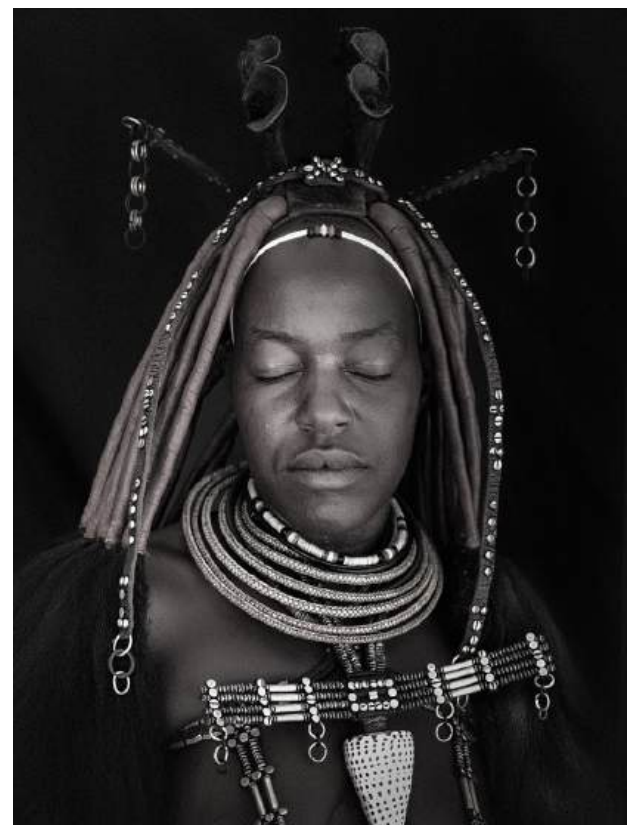
The distinctive hairstyles of Himba women are a testament to both cultural significance and individual identity. Characterized by intricate red clay and butter mixture, the Himba women's hairstyles vary in design and hold deep cultural meanings. These elaborate hairstyles often signify age, marital status, and social standing within the community. PHOTOS BY CHRISTIAN NØRGAARD



The San People have lived off and in harmony with nature for generations. During Christian Nørgaard's numerous visits, he has resided among them and had the opportunity to capture their lives up close. Those with a discerning eye can observe that the portrait of the 2 women with the beautiful headgear is from the Himba tribe.

PHOTOS BY CHRISTIAN NØRGAARD





PHOTOGRAPHY WITH PASSION

Established in 2011 by the acclaimed photographer, Christian Nørgaard, Better Moments has grown into a beacon for photographic exploration and innovation. Embark on your creative journey with Better Moments, and come home with more than just memories – create moments captured in time, telling your unique story.



This beautiful Herero woman was photographed on a street corner in Windhoek, Namibia, by Christian Nørgaard.