

Photography with passion



Photography may be my first passion, but traveling is a close second. I spent decades exploring the globe with my camera and out of this passion, Better Moments was born in 2011. Since then, I have worked with the world's most renowned photographers to offer high-end workshops and expeditions for photo enthusiasts worldwide.

On our workshops, everyone is welcome. No matter if you have recently discovered your passion for photography or if you are an emerging pro – our workshops cater to everyone's needs and our experts are all experienced teachers that will adapt to your personal skill level.

Our mission is to help you to take your photography to the next level, refine your own style and sharpen your technical skills. Additionally, we want to inspire each other, create lasting memories and enjoy the best moments in life.

Better Moment's exclusive workshops in landscape, travel and wildlife photography take place in unique locations around the world. From the Himalaya region to Africa's deserts, from Scandinavia's fjords to Australia's Outback – we like to travel off the beaten track and work with local agencies as we are always striving to leave only footprints behind.

I am looking forward to meeting you on one of our adventures,

Christian Nørgaard



Our guests love to travel with us – which is why we are lucky enough to welcome them again and again.



Better Moments CEO and founder: Christian Nørgaard

Graphic design: Håkan Andersson

Text editor: Laura Graf

Cover photo by James Nachtwey

All images and text in this catalog are under International Copyright Legislation.

However, Better Moment's guests and potential customers may download the catalog for private use, but not for any commercial use.

Any violation of the International Copyright Legislation will be reported to the International Court of Justice of International Copyright Legislation

LET'S GET SOCIAL

For inspiring experiences, real-time updates, the latest trends or casual conversation, explore our social networks for all things travel.









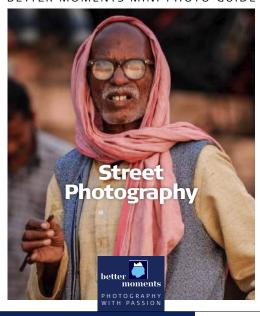


BETTERMOMENTS.COM

You can view our current photography workshops on the Better Moments website, where you will find all dates and details – and can reserve a spot for your dream trip.



BETTER MOMENTS MINI PHOTO GUIDE



NEWSLETTER

Stay up-to-date with our workshops, experts, and special offers: sign up to our bi-monthly newsletter – and receive Christian Nørgaard's guide to street photography for free.

SIGN UP AND RECEIVE A <u>FREE</u> STREET PHOTOGRAPHY GUIDE

"I think that Better Moments' workshops are some of the best organized, most educational and most inspirational group workshops I have ever worked on. So I would encourage you to join us. Come along and have a great time, learn, be inspired and take great pictures."

Steve McCurry

Our passionate experts

We are proud to work with some of the best photographers in the industry who are experts in their field and have years of experience in guiding and teaching photography workshops.



Steve McCurry National Geographic, World Press Photo first place



Michael Nichols Wildlife journalist, National Geographic editor



Hamid Sardar-Afkhami Writer, photographer, award-winning filmmaker



Sisse BrimbergNational Geographic photographer



James Nachtwey World Press Photo Award winner and TIME Magazine photographer



Peter Eastway

AIPP Grand Master of
Photography, Publisher Better
Photography Magazine



Lars van de Goor Hasselblad Master Landscape photographer



Marco Di Lauro World Press Photo Award



Andreas H. Bitesnich Award-winning fine art photographer



Steve Bloom National Geographic photographer



Tom D. Jones
Hasselblad Master
& European Fine Art
photographer



James Whitlow Delano Award-winning visual storyteller and Pulitzer Center grantee



Arne Hodalič National Geographic photographer & photo editor



Laurent Baheux Award-winning wildlife photographer





What our guests say about us

"It was a marvelous workshop with a lot of opportunities for great pictures. Obviously, the highlight was the night in Riisitunturi National Park watching the Northern Lights. It was the whole atmosphere having a rustic dinner in the hikers hut after shooting the sunset and waiting for the Northern Light which is staying in my memories."

Bernd Beykirch, Germany



"I found out that one of my favourite photographers, Lars van de Goor, was doing a workshop in the Netherlands so I signed up for the workshop and was introduced to Christian, the founder of the company, and I knew immediately that this would be a great workshop just by talking to him and seeing how incredibly well organized and precise everything was planned out. The hotels were first class, the food was phenomenal, which is important, and more importantly, each day was very well planned out and it has been a really great experience."

"Everybody has something to offer to the group, so we learn from each other, we share things, we have workshops in the evenings where we talk about what went well, what went wrong... and we see a lot of different styles, a lot of different techniques. And that is the good thing about this trip, it is really all about photography!"

















Explore Bangkok

Explore Thailand's capital, Bangkok, in all its hectic, noisy, beautiful, historic, and exotic glory. With its obvious gap between rich and poor, you either hate Bangkok – or you absolutely love it.

This Master Class workshop with James Nachtwey, one of the greatest and most important reportage photographers of our time, is based on Bangkok's diversity. James Nachtwey and Better Moments want to give you the opportunity to discover the turbulent city with your camera, to see behind the curtain and get to its very core.

James Nachtwey will divide the workshop guests into small groups based on their personal photographic style and interests. Each group will get their own photo assignment to work on. The participants are expected to produce a photographic essay as if working on an assignment for a major magazine like National Geographic or a newspaper like The New York Times. The assignments are based on James' profound experience and the unique circumstances of Bangkok. Together with James Nachtwey and our local photo guides, who usually work for international media such as CNN or the The New York Times, you will be guided and supported during this one-of-a-kind photo adventure.

Highlights

- Explore Bangkok with acclaimed photojournalist
 James Nachtwey and local photo guides
- ☐ Work in small groups to accomplish your own photo assignment
- Morning and evening workshops with James
 Nachtwey and our local guides
- ☐ 1-on-1 private portfolio review with James Nachtwey
- ☐ Explore Bangkok's many faces while working on your assignment
- Meet the locals and learn about the Thai culture and traditions

What you get: A unique workshop

Better Moments' mission is to deliver exclusive workshops and we want you to explore your passion for photography and work with one of the best photographers, James Nachtwey, during your Bangkok expedition.

ON LOCATION

- ☐ Teaching and training on the best techniques along with special tips and personalized advice.
- ☐ Learn to create dramatic and interesting photographs using composition, perspective and focal points.
- ☐ Learn how to use different exposure times and aperture settings in various light conditions.
- ☐ How to handle equipment with care on location and prepare for going in the field.
- Private hands-on lessons with James Nachtwey that will help you to take your photography skills to the next level, no matter your starting point.
- ☐ How to comfortably approach people for street photography.
- Discover secrets behind successful documentary photography.
- ☐ How to use your camera as a tool for storytelling.

IN CLASSROOM

- □ Daily reviews of the images you have taken throughout the day with constructive criticism to help you improve your skill-set.
- Morning and evening workshops with James Nachtwey and our local photo guides
- □ Digital workflow
- ☐ How to create a visual narrative that can be used in a book, magazine or exhibition.
- □ Private 1-on-1 portfolio review





Itinerary

DAY o

ARRIVAL IN BANGKOK

We recommend you to arrive one day earlier to get over your jetlag and adjust to the local climate and get the first feeling of the country. If you arrive one day earlier, you can use the day to relax or explore Bangkok, the capital of Thailand. If you wish, Better Moments can help you with booking a hotel and local excursions.

DAY 1

MEET JAMES NACHTWEY

The workshop starts today at 18:00. You will meet workshop leader James Nachtwey and the other guests for a tasteful welcome dinner. Afterwards, you will be introduced to our local photo guides and James will hold a presentation about Bangkok and explain more about the coming days and the workshop in general. You will learn about the tasks James wants the groups to solve during the workshop and which tools and working methods he recommends using.

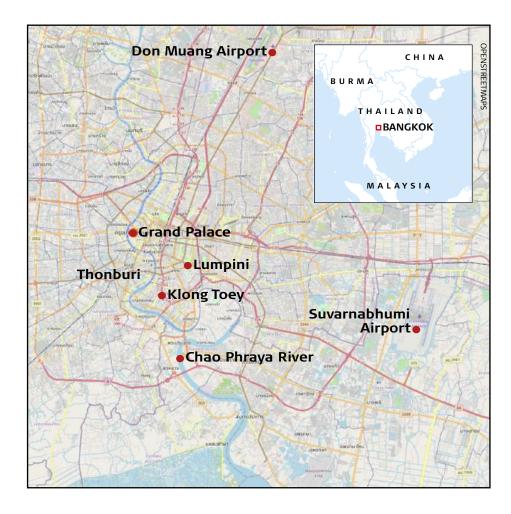
DAY 2

ON ASSIGNMENT

Morning workshop with James Nachtwey. Here, you will be divided into small groups and given our first photo assignment.

Now you have time together with your group to define the task and to discuss how you want to solve and frame your story. James Nachtwey, the local guides and Better Moments' assistant will support and guide you during this process.

When your group is ready to get started, you will leave with your guide who is also your interpreter. James Nachtwey will rotate between the groups in order to



support each team with his his personal advice on how to solve the assignment.

In the evening, we will meet for dinner and review the images you have taken during the day and discus your assignments and the progress you have made today. James Nachtwey will give a lecture about the most iconic images throughout he has taken throughout his career.

DAY 3 - 4

WORK ON YOUR STORY AND PHOTOGRAPHY

Day 3 and 4 are framed by morning and evening workshops where we will discuss your projects. James will advise if you are on the right track. We will also review the images the groups have taken so far to talk about them in depth.

If you and your group prefer to go out and work on your project, you are of course welcome to do so. During both days, private portfolio reviews will be conducted by James

Nachtwey. Here, you can show a

selection of your best photos, and you will have the opportunity to talk privately and openly about your photographic ambitions. James will share his advice with you point out possibilities to improve your photography. In the evenings, we will have dinner together at the hotel. Afterwards, James will share more of his images from all around the world.

DAY 5

TIME FOR NEW OUTINGS

Today we will explore the more popular sides of Bangkok. Our task is to find new and exciting angles of the city - just as if you were on a photo assignment for a magazine like National Geographic. If you like, you can take a private longboat and capture Bangkok from the sea. In any case, James Nachtwey and your private guide will help you organize your day and tell you how to navigate the many streets and channels.

We will mix up the groups so you



will have the chance to both be inspired and challenged by more of your fellow travelers.

After an eventful day, we will meet for dinner in the evening.

DAY 6

ON YOUR OWN

After breakfast, you will be given a task that you have to solve within a day. You can either do this by yourself or together with one of the other workshop participants.

We will meet for dinner at the hotel in the evening and discuss the tasks afterwards.

PRICE & BOOKING

DAY 7

PRESENTATION OF RESULTS

Today you will have ample time to prepare the presentation of your respective projects. In the afternoon, each participant will present his/her project to James and the group. James will provide feedback on the results and the group is more than welcome to join the conversation. After dinner, we will celebrate this exciting week and our hard work with a farewell dinner.

DAY 8

DEPARTURE

Time to say goodbye. Today we all fly back home.

Quick guide

We wish you to travel with the greatest possible comfort and to know that you have received as much information as possible.

GETTING THERE

All international flights arrive at Suvarnabhumi Airport, also known as Bangkok Airport.

VISA

All visitors are required to have a passport valid for at least six months beyond the intended stay, and all visitors will need a visa. Some nationalities can get a VISA on arrival at Suvarnabhumi Airport, but others must have one on arrival. Therefore, contact your local Thai Embassy.

■ WEATHER

In the capital, Bangkok, the climate is hot all year round. Between mid-November and January, the weather is good, usually with clear skies. Highs are around 30/32 °C (86/90 °F) and lows around 20/22 °C (68/72 °F), so it's hot, even though it's winter. In February, temperatures start to rise; the weather remains sunny, although occasionally a few short thunder-storms can develop.

0

LANGUAGE

Thai is the official language of Thailand. English is the secondary language taught and in touristy areas most Thai speak at least basic English.

CURRENCY

Thailand's monetary unit is the That Baht (THB)

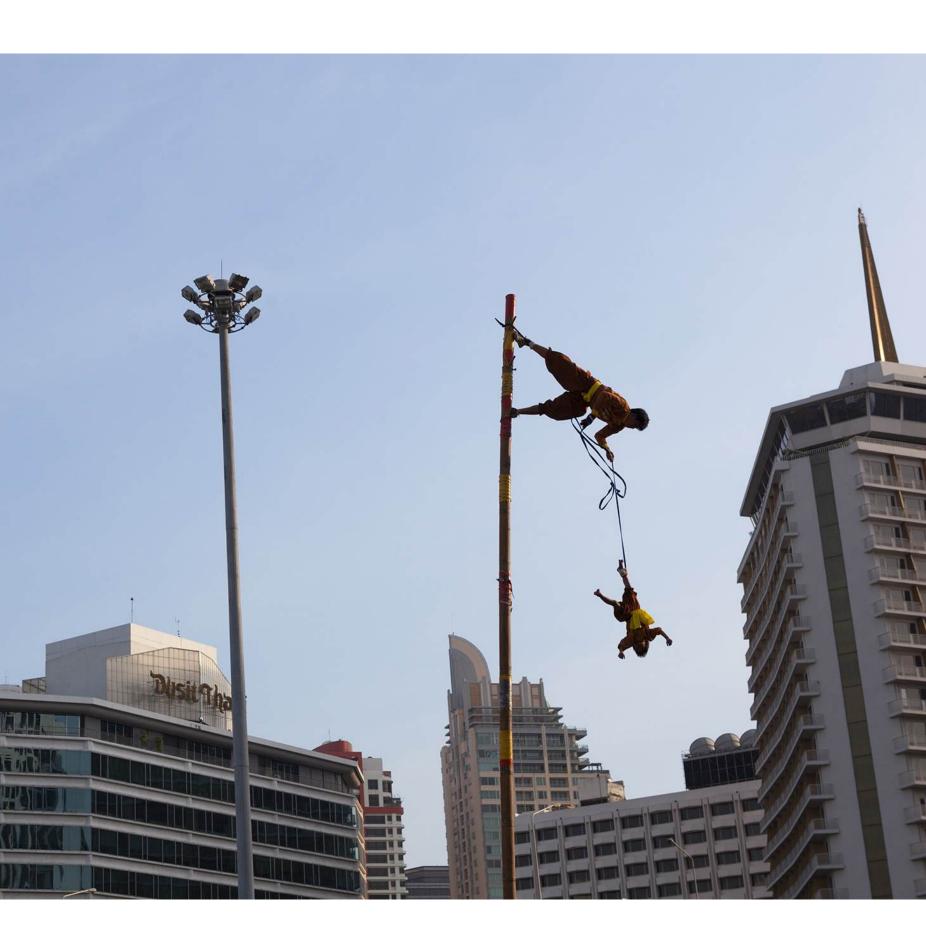
HEALTH

Check with your doctor which vaccinations or medications are recommended for this destination. Remember to plan well ahead with vaccinations. Allow up to six weeks to receive the full course, as some vaccinations require more than one dose, and some should not be given together.

QUICK GUIDE

- Wat Pho, is the home to the Reclining Buddha which stands at fifteen metres tall and forty six metres long, the feet alone are measured at over five meters.
- The Grand Palace at one time was the king's home as well as the place where the government of Thailand carried out their work.
- Jump aboard one of the sky trains. With air conditioned carriages there is no better way to get around.
- Chatuchak Market, with over 8000 stalls covering 27 acres of space, is one of the largest markets in the world. Open every Saturday and Sunday.
- The Bangkok National Museum is home to the largest collection of artifacts and Thai art in all of Thailand.









Equipment

Whether this is your first trip or your "hundredth" workshop with us, it's always helpful to have a rundown of what items you may want to pack so you have a travel checklist.

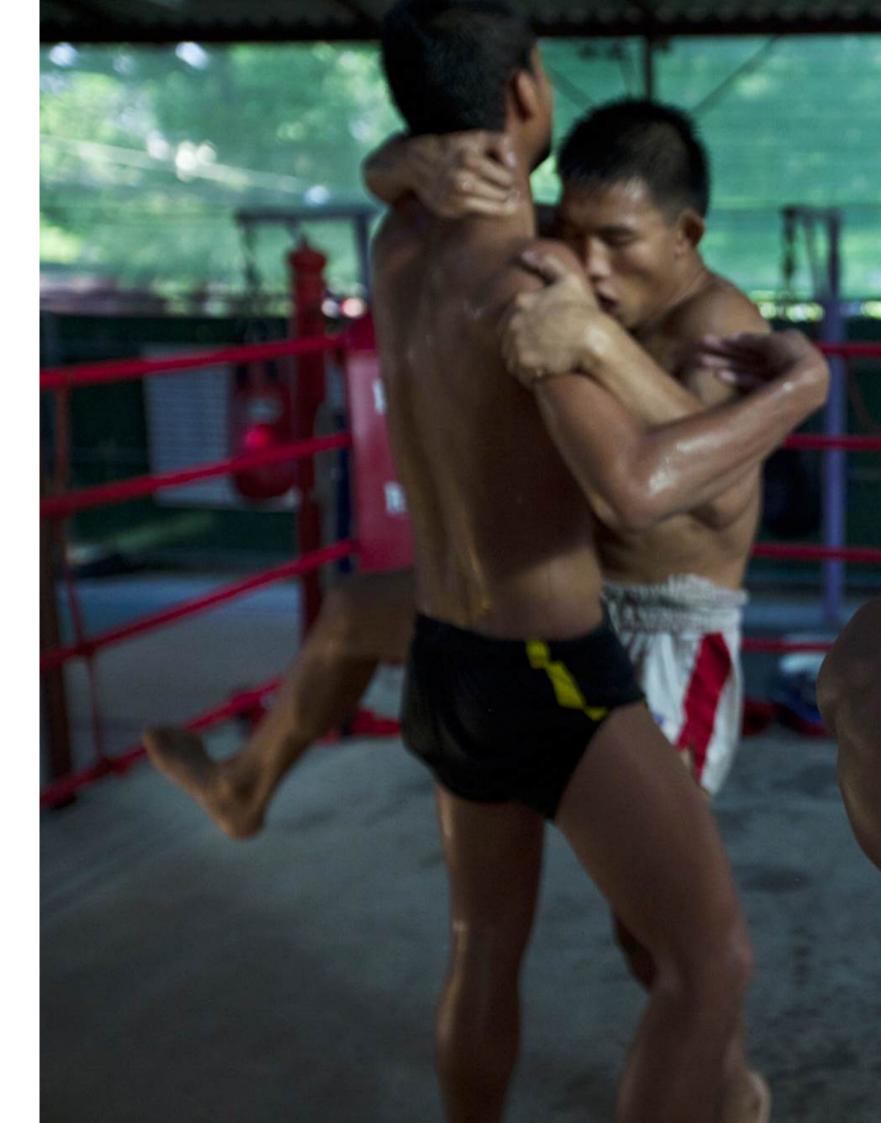
Bookmark this packing list, because you'll want to refer back to it to make sure you've thought of everything you might want to pack.

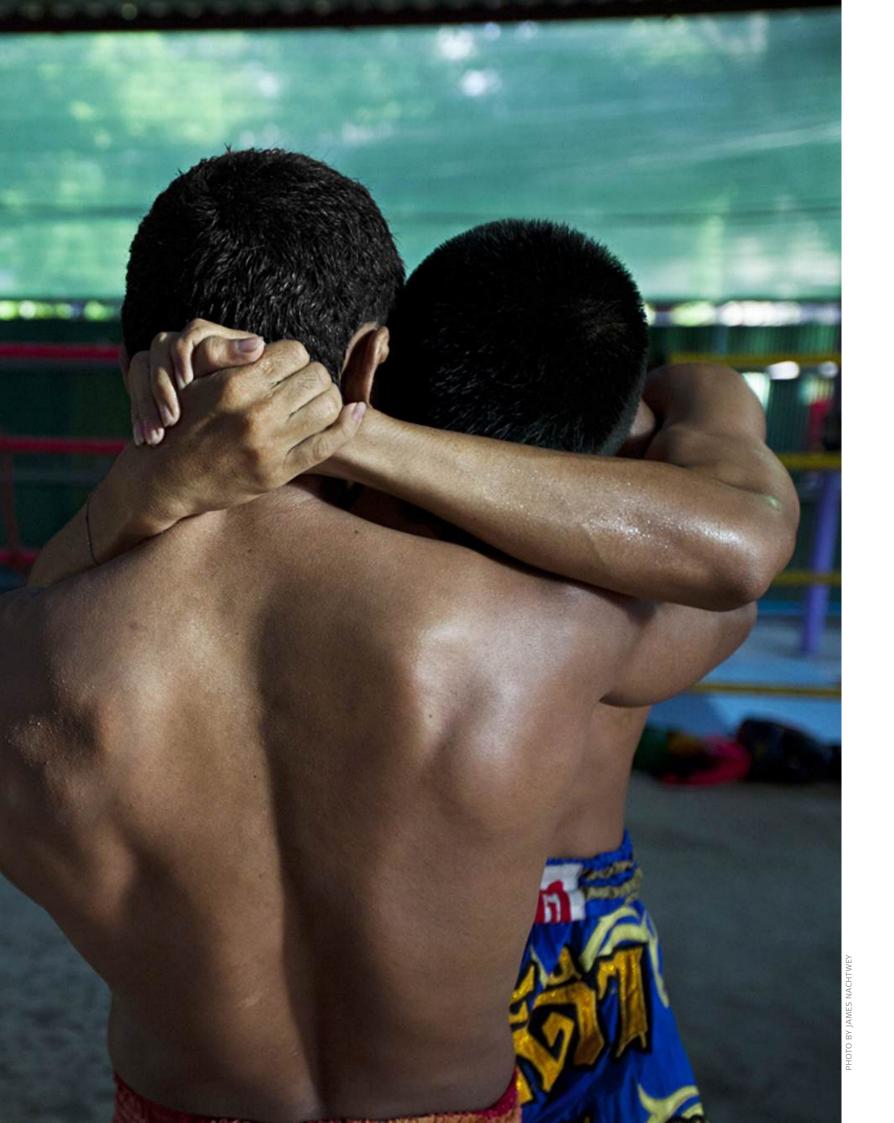
CAMERA

The camera list is for inspiration, since you know better than any-one what equipment you prefer.

- ☐ Bring you own laptop computer
- Storage medium
- ☐ Camera bodie(s)
- □ Tripod
- □ Lenses. If you are working with a 24x36mm camera system, lenses from 12mm to approx. 55mm are a good choice as well as a 'long lens' such as a 180mm. If you are working with a medium format camera, lenses from 28mm to approx. 80mm, and a 'long lens' such as a 300 mm, are advisable..
- ☐ Bag for all camera gear
- Light bag for easy hiking with camera bodies and accessories

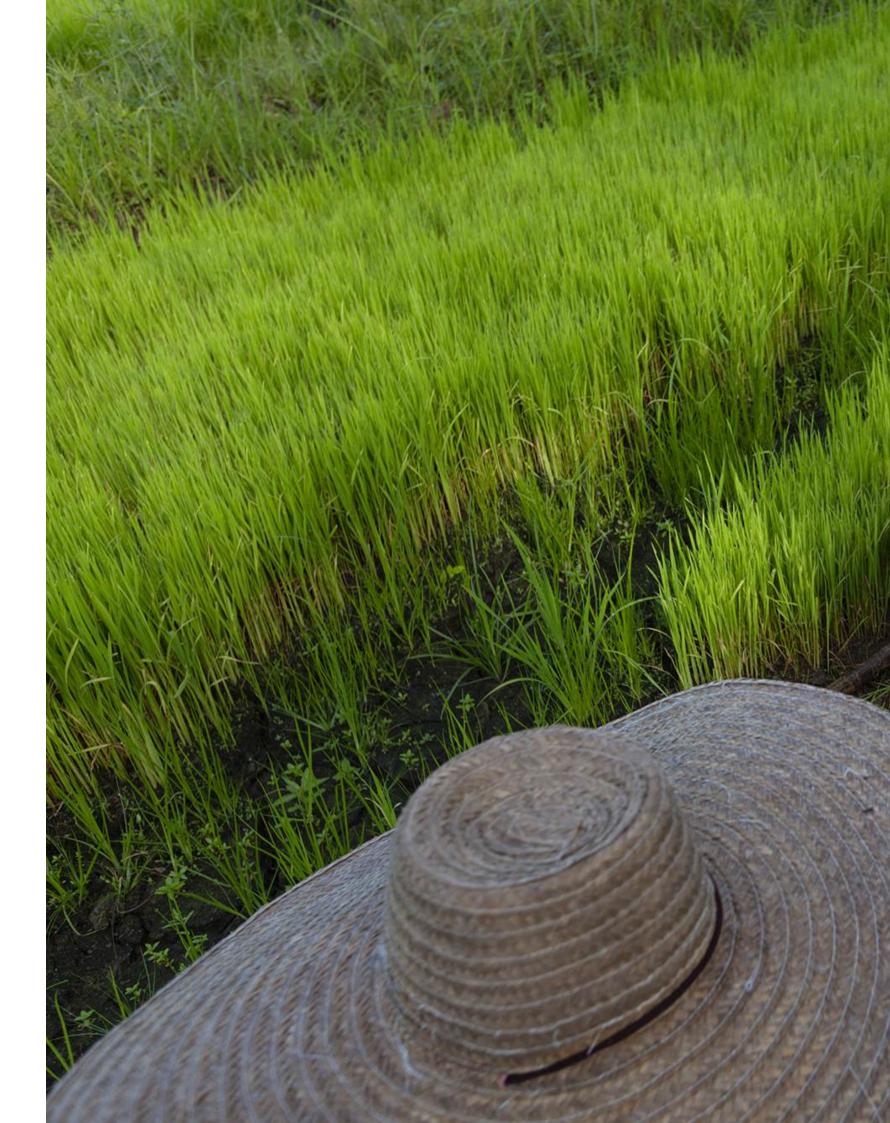
- ☐ Cleaning kit for cameras and lenses
- Rain/dust covers for cameras and lenses
- Charger for batteries
- Spare batteries
- Standard power converter
- ☐ Raw processing software
- ☐ Memory cards and card wallets
- Memory card reader
- ☐ USB key to exchange images
- Lens extenders
- ☐ Camera straps for ease of changing from one camera to another
- ☐ Graduated filter set
- ☐ Filter holder
- ☐ High quality polarizing filter
- Lens belt





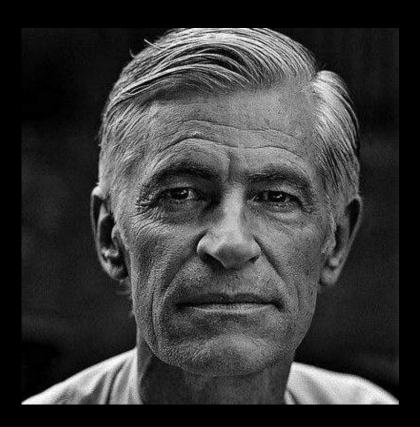








James Nachtwey



James Nachtwey is an American photojournalist and war photographer. He has been awarded the Overseas Press Club's Robert Capa Gold Medal five times and two World Press Photo awards.

Nachtwey has devoted himself to documenting wars, conflicts, and critical social issues. He has worked on extensive photographic essays all around the world.

Nachtwey has been a contract photographer with Time magazine since 1984. James was a member of Magnum 1986–2001 and one of the founders of VII and a member 2001–2008. He has had solo exhibitions in New York, Paris, Rome, and around the world.



PHOTO BY JAMES NACHTWEY











































BETTER MOMENTS APS

Tokkekøbvej 15 | DK-3450 Allerød | Denmark

Tel.: +45 31 57 87 47

E-mail: info@better-moments.com

STAY IN TOUCH











WE ARE PROUD TO PARTNER WITH











