

BEFORE TAKE-OFF

All you need to
know before you go

Organization & formalities
Destination specifics
Equipment list

better 
moments

Photography with passion



Thanks for choosing Better Moments for your next photo adventure.

Better Moments was founded in 2011 and has become a leading photo workshop organizer, providing high-end workshops for photo enthusiasts worldwide.

You will learn from and get inspired by the world's most experienced photographers within their fields to refine your personal style and sharpen your technical skills.

Additionally, we want you to share your excitement for photography and enjoy great moments in life. And we want you to explore your passion and expand your photographic skills and vision.

Better Moments mission is to deliver exclusive workshops in landscape, wildlife and travel photography at unique locations around the world. I want you to explore your passion for photography and work and earn from the world's most renowned photographers who all have excellent teaching skills, local knowledge and experience.

Photography with passion,

Christian Nørgaard



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Our guests love to travel with us – which is why we are lucky enough to welcome them again and again.



LET'S GET SOCIAL

For inspiring experiences, real-time updates, the latest trends or casual conversation, explore our social networks for all things travel.



LinkedIn



YouTube



Instagram

BETTER-MOMENTS.COM

You can view our current photography workshops on the Better Moments website, where you will find all dates and details – and reserve a spot for your dream trip.



NEWSLETTER

Stay up-to-date with our workshops, experts, and special offers: sign up to our bi-monthly newsletter – and receive Christian Nørgaard's guide to travel & portrait photography for free.

**Sign up and receive a FREE
Travel & Portrait Photography Guide.**

Frequently asked questions



We would like you to be as prepared of possible for your next Better Moments workshop. Hence, we put together this guide to answer all questions you may possibly have.

1. BEFORE TAKE-OFF

Organization and formalities

■ Visa

Please be aware that many countries require a visa for entry and that you will need to take care of your visa yourself. Most countries offer an online application for an e-visa that you will receive within a couple of days. Please check on the local government website or with your embassy if you need a visa for entering and what the process is.

■ Passport Copy

We always ask for a copy of your passport as we often require it for bookings or for the local authorities. After the workshop, we will delete that personal information as required by law.

■ Guest form

Workshop participants are asked to fill out our guest form prior to the workshop to inform us about their dietary requests, emergency contact, flight information etc. This is a service from our side to serve you as good as possible.

■ Travel Insurance

Please be aware that you need to have your own travel insurance that covers you in case of illness, accidents etc. during the workshop or in case you need to cancel the workshop.

■ Flights to/from workshop destinations

Our participants are from all around the world, we ask them to book their flights to and from the workshop destination themselves.

However, we gladly help you should you need any assistance with booking a flight. We would advice you not to book any flights until we have confirmed the realization of the workshop. Please note that arriving in time for the workshop is at your own risk and that we cannot reimburse you for any delays or cancelations.

■ Be in good time

We suggest being at the workshop destination a day before the start of the workshop to get adjusted to the local time and climate.

■ Additional hotel nights

If you like to arrive before the start of the workshop or extend your stay, we are happy to help you with booking additional hotel nights or advice of what to do and see. Please note that we will invoice any extra hotel nights to you.

■ Transfer

If you wish, we can help you book a transfer from the airport to the hotel that will be invoiced to you later.

■ Extension

If you wish, we can help you arrange and plan a pre- or post-trip extension.



General advice

■ Travel with equipment

We always recommend putting your equipment in your hand luggage/cabin baggage to make sure it arrives at the destination at the same time as you and to prevent theft. Too often we have guests who unfortunately don't receive their luggage on arrival.

Remember that batteries should always travel in your hand luggage.

■ Country specific information

Check the designated workshop catalog or the workshop page on our website for information about climate, currency, how to get there and more. You will also find a quick guide with things to do and see at the destination.

■ Weather

Check the weather forecast before you leave to get an idea what kind of clothes and shoes etc. will be required and pack accordingly.

■ Tipping

At most destinations, private drivers, guides etc. expect a tip. Your personal Better Moments guide will inform you about the amount before or during the workshop. A small donation may be expected in some Asian or African countries if you take somebody's portrait.

■ Bring some basic medication

We suggest asking your physician about medication to bring on your trip (e.g. pain killers, activated charcoal, ...).



Destination specifics

2. HOW TO PREPARE FOR...

Warm and tropical climate

■ Vaccination

For some countries you may need to have specific vaccinations. Please check with your physician or an institute for tropical medicine.

■ Mosquito precautions

Moreover, we recommend taking precautions for diseases that are transmitted by mosquitoes. Such as long sleeved clothes, repellent or even medicine. Please check with your doctor or an institute for tropical medicine.

■ Sunscreen

You know the drill - bring a hat, wear long sleeves, and use sunscreen lotion.

■ Protect your gear from sand & dust

Dry areas and deserts aren't exactly a camera's best friend, especially on a windy day. Make sure to take a camera and lens cover with you. If you do not have one, take a plastic bag and tape.

■ Protect your gear from humidity

At tropical destinations, humidity can be an issue. Bring a camera bag that can protect your gear and bring silica gel (those little bags that e.g. come in shoe boxes) which can absorb moisture.



Cold climate

■ Clothing

A good plan is to dress "layer-by-layer". You then are well prepared for whatever weather arrives. Here is some essential clothing we recommend:

- Wind and waterproof jacket
- Wind and waterproof pants
- Rubber boots - with room for extra (wool) socks
- Hiking boots
- Wool underwear
- Fleece/sweater
- Warm headwear, scarf and gloves

■ Protect your gear from rain & snow

Make sure to take a camera and lens cover with you. If you do not have one, take a plastic bag and tape.

■ Keep your gear warm

Your camera may have trouble functioning properly in cold temperatures, for instance if you are outside during the night shooting the Aurora. Keep your cameras' batteries in your pockets.

Photos: Tom D. Jones



Photo: Joseph Lam

Some of our workshops will take you to places with a high elevation. There are some things you should be aware of and take care of before you go.

High altitudes

■ Medication for altitude sickness

Altitude sickness is a thing, however, you can bring along medication to treat it. It is best to consult with your physician. (Note: we always carry oxygen with us on those workshops.)

■ Prevention of altitude sickness

We suggest to bring a thermos bottle that can be filled with warm tea as drinking enough fluids is vital to prevent dehydration and altitude sickness.

■ Sunscreen

You can get severely sunburned so remember to bring sunscreen lotion.

■ Layer clothes

Temperatures can change quickly in countries with high elevation, nights can be freezing but days can suddenly be really warm when the sun comes out. So to avoid both freezing and sweating, layer your clothes. You then are well prepared for whatever weather arrives. Here is a recommendation for essential clothes to bring:

- Wind and waterproof jacket
- Wind and waterproof pants
- Rubber boots - with room for extra (wool) socks
- Hiking boots
- Wool underwear
- Fleece/sweater
- Warm headwear, scarf and gloves

■ Protect your gear from rain & snow

Make sure to take a camera and lens cover with you. If you do not have one, take a plastic bag.

■ Keep your gear warm

Your camera may have trouble functioning properly in cold temperatures. Keep your cameras' batteries in your pockets.



Religious countries

■ Clothing

In religious countries, usually both men and women are expected to dress modestly and conservatively. Bring clothing that covers knees and shoulders (e.g. long pants, long skirts, shirts with long sleeves that cover shoulders). Refrain from clothing that is too tight.

■ Prepare for temple/church visits

Many religious sites require you to cover head and shoulders so pack a shawl or scarf that you can use in such situations.

Boat trips

■ Prepare for seasickness

On some of our workshops you will travel on an expedition ship. Other workshops involve extensive boat trips. As seasickness is not pleasant to experience, we recommend bringing medication, just in case. Please consult with your physician.

■ Footwear

We recommend wearing sturdy shoes with rubber or other non-slip soles when moving around both inside the ship and on deck.





Photo: Christian Nørgaard

Equipment list

This list is based on our suggestion and it is therefore for inspiration since you know better than us, which equipment you prefer to work with.

3. WHAT TO BRING ALONG

General list

- ❑ Bring your own laptop computer and storage medium
- ❑ Camera bodie(s)
- ❑ Tripod (if you want to take landscape pictures)
- ❑ Bag for all camera gear
- ❑ Light bag for easy hiking with camera bodies and accessories
- ❑ Cleaning kit for cameras and lenses
- ❑ Rain/dust covers for cameras and lenses
- ❑ Charger for batteries
- ❑ Spare batteries
- ❑ Standard power converter
- ❑ Raw processing software
- ❑ Memory cards and card wallets
- ❑ Memory card reader
- ❑ USB key to exchange images

Nice to have

The following equipment is not necessary but you may find it useful.

- ❑ Lens extenders
- ❑ Camera straps for ease of changing from one camera to another
- ❑ Graduated filter set
- ❑ Filter holder
- ❑ High quality polarizing filter



Lenses

■ Landscape and architecture

- 24x36mm camera system:

Zoom lenses

12 - 16 mm
24 - 70 mm
70 - 200 mm or longer

Fixed lenses

12 mm
24 mm
35 mm
180 mm or longer

- Medium format camera:

Zoom lenses

35 - 75 mm
40-80MM
75-150mm or longer

Fixed lenses

21 mm
30 mm
45 mm
90 mm
180 mm or longer

■ Travel and portrait

- 24x36mm camera system:

Zoom lenses

24 - 70 mm
70 - 200 mm or longer

Fixed lenses

24 mm
35 mm
55 mm
90 mm
180 mm or longer

- Medium format camera:

Zoom lenses

35 - 75 mm
40-80 MM

Fixed lenses

30 mm
45 mm
65 mm
90 mm
120 mm

Important

There are (many) other (good) lenses on the marked, depending on the brand, that cover pretty much the same optical range.

Terms and Conditions

■ Basis of Rates

All prices are quoted in Euro (€). The prices are based on current tariffs and are subject to change due to unforeseen circumstances. While we will do everything possible to maintain the listed prices, if it is necessary to levy a surcharge, we reserve the right to do so, and notification will be given at the time of final invoicing.

■ Payments

A deposit of €1,000 is required at the time of booking. The invoice for the balance of payment will be issued 180 days prior to departure, where after final payment is due. For reservations made within 180 days of the departure date, full payment is required when the reservation is accepted. In order to participate on a Better Moments workshop the participant must have made full payment prior to the start of the workshop. The payment terms can be stricter when the workshop includes chartered ships or planes, and any variation will be communicated clearly on the invoice.

■ Cancellations and refunds

All cancellation notices must be received in writing and will become effective on the date, which the letter or email is received by Better Moments. There is no cancellation charge until 180 days before departure, however until 24 hours after making the deposit payment it will be refunded in cash, afterwards a voucher will be issued. The voucher is valid for a booking with Better Moments for up to 1 year from the issue date, and cannot be exchanged for cash. Cancellation charges less than 180 days before departure are expressed as a percentage of the total price, and are as follows: 179 – 150 days before departure 50%, and 149 days or less before departure 100%. This policy also applies to pre- and post-trip extensions. Any airline tickets issued are subject to the carrier's refund policy. Leaving a workshop in progress, for any reason whatsoever, will not result in a refund, and no refunds will be made for any unused portions of a workshop. We reserve the right to cancel a workshop because of inadequate enrollment that makes the trip economically infeasible to operate, or because of good-faith concerns with respect to the safety, health, or welfare of the participants. For this, we closely follow and respect worldwide travel warnings issued by the Danish Ministry of Foreign Affairs. If a workshop is cancelled prior to departure, you will have a choice between a full refund or a credit towards a future Better Moments workshop equivalent to amount paid. If we cancel the trip in progress, you will receive a pro-rata refund based on the number of days. We are not responsible for any refund for airline tickets, hotel accommodation, etc. purchased by the participant. In the event of the specified photo expert being unable to attend due to illness or other circumstances beyond our control, a photo expert of the same standard will be provided. If this is not possible, then the workshop will be cancelled and the provisions above will come into effect.

■ Travel Insurance

In order to participate in a workshop you are required to have comprehensive insurance coverage for personal accident and injury, medical and repatriation costs during the workshop. In addition we strongly recommend that you arrange cancellation and travel insurance covering the loss, expenses and damages arising from, including but not limited to, cancellation of the workshop (whether in whole or in part), loss of baggage and personal money and belongings, as well as flight cancellations and delays.

■ Itinerary Changes

The itineraries and staff presented in this catalog are subject to modification and change by the Better Moments workshop or its designated tour operator. Every reasonable effort will be made to operate programs as planned, but alterations may still occur after final itineraries are sent.

■ Health Requirements

You must be in good physical and mental health. Any physical condition or treatment requiring special attention must be reported in writing at the time of booking. By registering for a Better Moments workshop, the participant certifies that he/she does not have any mental, physical, or other condition or disability that would create a hazard for him/herself or other participants. Better Moments and its designated tour operator reserve the right in their sole discretion to accept, decline to accept, or remove any participant on a Better Moments workshop and the tour operator reserve the right, without penalty, to make changes in the published itinerary whenever, in their judgment, conditions warrant or if they deem it necessary for the comfort, convenience, or safety of participants.

■ Special Requests

If you have special requests, e.g. dietary, cabin number, bedding type, airline seat or other requests, you should inform us of these at the time of booking. We will advise the relevant supplier of your requirements, but we cannot guarantee that such requests will be met, and will have no liability to you if such requests are not met.

■ Photography

We reserve the right to take photographs or videos during the operation of any workshop or part thereof and to use the resulting photography, videos, or recordings for promotional or commercial use. If the participant prefers that his/her likeness not to be used, he/she must notify us in writing prior to departure.

■ Responsibility

Better Moments and its designated tour operator and tour administrator shall not be held liable for (a) any damage to, or loss of, property or injury to, or death of, persons occasioned directly or indirectly by an act or omission of any other provider, including but not limited to any defect in any aircraft, watercraft, or vehicle operated or provided by such other provider; and (b) any loss or damage due to delay, cancellation or disruption in any manner caused by the laws, regulations, acts or failures to act, demands, orders, or interpositions of any government or any subdivision or agent thereof, or by acts of God, strikes, fire, flood, war, rebellion, terrorism, insurrection, sickness, quarantine, epidemics, theft, or any other cause(s) beyond their control. The participant waives any claim against Better Moments and/or its designated tour operator and tour administrator for any such loss, damage, injury, or death. Better Moments and its designated tour operator and tour administrator shall not be liable for any air carrier's cancellation penalty incurred by the purchase of a non-refundable ticket to or from the participant's Better Moments workshop departure city. It is the sole responsibility of the participants to organize their own transportation to and from the meeting point as described in the workshop itinerary, e.g. airport, hotel, and to ensure timely arrival. The participant should not book flights and/or hotel accommodation until Better Moments have issued final confirmation for the workshop. In the event of late arrival it is the responsibility of the participant to join the workshop, and to carry all associated expenses. Better Moments is not liable if the participant misses any portion of, or the entire workshop as a result of the delay. Baggage and personal effects are at all times the responsibility of the participant.

■ Other

Other terms and conditions may apply to some workshops, and details will always be provided with pre-trip mailings. By making the deposit payment, the participant agrees to the terms and conditions and the responsibility statements herein on behalf of all the individuals included in the booking.



**better
moments**



PHOTOGRAPHY
WITH PASSION

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